



**COMMUNITY THROUGH HOPE**

**.ORG**

A CHARITABLE WAY TO SERVE

# *Together We Are A Community Through Hope*

1500 + UNSHELTERED CLIENTS PROVIDED EMERGENCY HEALTH SERVICES

100 + UNSHELTERED PETS PROVIDED EMERGENCY SERVICE

11,000 (ANNUALLY) + MEALS PROVIDED TO THE UNSHELTERED

1200 + SHOWERS PROVIDED THROUGH PROJECT REFRESH

---

## **JANUARY 2023 NEWSLETTER**



---

**Dear community members, friends and partners,**

Community Through Hope began this year with a renewed focus on creating valuable partnerships to continue developing critical programs and services necessary throughout the South Bay. Moving forward, our organization will no longer serve as a distribution hub for nutrition but rather offer nutrition, hygiene, wound care kits and Narcan to our unsheltered clients. Additional programs available to these clients include the mail program, Project ReFresh (every Tuesday) and South Bay Street Medicine (every Thursday). We will also continue to serve as a weekly diaper bank for our sheltered clients but refer out for nutrition services.

One of the great things about being a nonprofit is that we get to decide what specific services we want to provide, based on the needs that we see day to day. This allows us to work outside the box to find unique solutions to fill the service gaps for our clients. In setting intentions for this year, we're focused on our refined mission to provide innovative, trauma-informed services for the unsheltered that honor equity and offer hope. To date, CTH's efforts to address the unsheltered crisis have resulted in the following:

- 11,000 meals annually
- 1,500+ clients and 100+ pets received emergency health services through



- 1,200 clients received showers through Project ReFresh

Yours in Service,  
Rosy Vasquez  
CEO/President

## CTH PRIORITIES & ACTION PLAN 2023 OVERVIEW



This year's focus will be 100 percent on the unsheltered crisis as we enter the second year of our South Bay Street Medicine program, specifically developing new programming with authentic partnerships that allow our nonprofit to expand through innovation.

Through this process it remains critical to avoid adding trauma to unsheltered individuals during case management or while serving them on the street. However, it's also important that accountability and structure is part of the process, which is why beginning this year all unsheltered clients who want to receive the emergency resources we provide must first complete an intake form and be entered into our Vertical Change system. This program is what we use to keep track of each individual we serve where they become more than a statistic but provide insight into the best way to provide resources and help streamline our procedure.

---

**POWER PARTNER -  
MEETING A NEED & MAKING A  
DIFFERENCE**



## Lucky Duck Foundation

Community Through Hope is grateful to have received a matching challenge grant from the Lucky Duck Foundation to expand outreach within our South Bay Street Medicine program and advance our organization's impact in providing life-saving services for the unsheltered community throughout the South Bay.

People deserve a life where their needs are met regardless of their circumstances and there is a great need for compassion and services for those suffering in our community. We are privileged to work alongside a foundation like Lucky Duck that directly aligns with our core mission to create change that leads to folks to get housed and once again becoming self-sufficient.

Our partnership in advocacy to get unsheltered individuals back to work and life is the reason we exist. We need more leadership to serve those in need by providing a connection to services that reduces the number of people on the street.

**Community, Cause and Culture**





After four years of servant leadership, with half of it during a pandemic, our organization has developed a solid understanding of what's needed to successfully serve the unsheltered community. This year our work continues in strategy development with a solution that focuses on the 3 C initiative. This plan will be rolled out next month and gives the community 9 months to provide direct support via donations and sponsorship through various opportunities this year.

Cause, Community and Culture are the three pillars of our mission's focus and align with who we are as an organization. As a nonprofit, we need support from community members, friends and partners and we hope to encourage everyone to support our efforts through art, music and wellness activities leading up to our October anniversary celebration.

We're excited to make new and meaningful relationships that bring about the change we want to see in our community. The time is now to put solutions into action. We welcome you to join us in these efforts to address the unsheltered crisis.

---

[Donate to CTH!](#)

---

### **About Community Through Hope:**

Community Through Hope evolved through several incarnations over the last

10 years of grassroots experience and is a 501(c)3 nonprofit based in Chula Vista, California. Our mission is providing innovative, trauma-informed services for the unsheltered that honor equity and offer hope.

[Volunteer with CTH!](#)

Community Through Hope | (619) 915-7256 | 465 C Street Chula Vista, CA 91910

